Sunnyside Home Care Project, Inc. 5241 Center Blvd, LIC, NY 11101 www.scsny.org



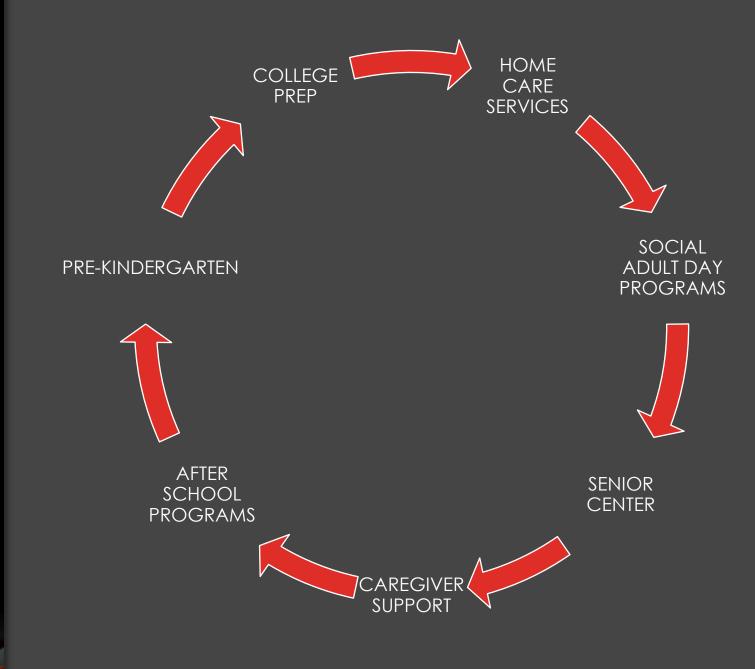
# HOME HEALTH AIDE TRAINING PROGRAM

#### WELCOME TO SUNNYSIDE COMMUNITY SERVICES

- Sunnyside Community Services envisions diverse, inclusive, and caring communities where all people thrive to reach their fullest potential.
- We enrich lives and strengthen communities through services and engagement for individuals at all ages, beginning with those most in need.



#### PROGRAMS & SERVICES



## WHAT IS HOME CARE?

Home Care is a service provided to promote the health and well being of Individuals And Families by providing <u>High Quality, Cost-</u> <u>Effective Health Care</u> in client homes and Community.

> Home Care enables clients to maintain their independence in their homes and community.

> > Home care <u>controls health care</u> <u>costs</u> by preventing more costly interventions such as emergency room visits and in-patient hospital stays.

#### HOME HEALTH AIDE TRAINING PROGRAM

- <u>Employer-based training program</u> to provide the workforce to service our clients.
- Our primary purpose is to train best-fit candidates with a strong desire to work in this field and are available to start employment immediately upon certification.
- We offer two NYS Department of Health certifications, Home Health Aide (HHA) and Personal Care Aide (PCA).





#### WHAT IS AN HHA AND PCA?

• What are some of the job responsibilities of a Home Health Aide and Personal Care Aide?

#### DUTIES OF A HOME HEALTH AIDE

- Personal Hygiene
- Grooming
- Transferring & Ambulating
- Light Housekeeping
- Meal Planning & Preparation
- Indoor/Outdoor Errands
- Companionship
- Medication Reminders
- Other- Activities of Daily Living
- Respite services (4 to 6 weeks)



#### LABOR STATISTIC

- Growing demand for home care leads to job growth.
- Certified home care workers (home attendants and home health aides) are projected to grow faster than any other group in New York City.



• How Does Your Background Prepare You For The Job Of An HHA or PCA?



#### TRAITS OF A HOME CARE WORKER



Caring & Compassionate



Attentive & Observant



Empathetic & Adaptable



Professional & Respectful



- Excellent Communication Skills
  - Speaking and Listening
- Emotional Stability
  - HHA work is stressful, full of traumatic situations. HHA must be able to work in an environment without allowing the stress to build.
- Flexibility
  - Working Hours and Responsibilities
- Attention to Detail
  - Eliminate errors
- Interpersonal Skills
  - Work well With others, Nurses, Doctors, Therapists & other members of the Health Care Team
- Problem Solving Skills
- Physical Endurance

QUALITIES OF AN HHA AND PCA

# • Why do you think you would make a good Home Care Worker?

#### IMPACT AND VALUES OF AN HOME CARE WORKER

Home Care Workers must demonstrate their willingness and passion to care for people Home Care Workers must show their effectiveness and satisfaction through their performance and customer service skills

Home Care Workers must also demonstrate Respect, Compassion and ability to adapt to new environment

Home Care Workers must conduct themselves professionally and respectfully

Home Care Workers must provide quality care to all patients Home Care Workers must communicate effectively with;

Supervisors, Case Workers, Nurses, Patients, Patient's Doctors, Therapists and Patient's Family



# HHA'S AND PCA'S ARE TRAINED HEALTH CARE PROFESSIONALS

# WORKPLACE ETIQUETTE

#### Appearance

Communication

Conduct

Mannerism

Professionalism





#### AVAILABILITY



HOUR CASE, IN FACT, MAYBE SEVERAL THAT ARE CLUSTERED,

IS THAT ACCEPTABLE?

ANY OF THE BOROUGHS, HOW DO YOU FEEL ABOUT THAT?

> YOU ARE EXPECTED TO TRAVEL TO OTHER BOROUGHS.

WEEKENDS, OR FOR LIVE IN CASES?

YOU ARE REQUIRED TO WORK ALTERNATE WEEKENDS.

ARE YOU LIMITED TO THE DAYS AND TIMES YOU CAN WORK?

YOU ARE EXPECTED TO WORK FULL TIME (MINIMUM 32 HOURS PER WEEK)

#### SALARY

- \$19.15 per hour weekday/weekend
- Sleep-in \$19.15 Weekdays/Weekends for 13 hours
- Weekdays/Weekends \$19.15 x 13 hours = \$248.95 per day (before tax and deductions)
- Looking for full time employees.
- A minimum of 32 hours is required and must be willing work alternate weekends.



## 1199 MEMBER BENEFITS

Pension Plan	Education programs	Group health insurance	Membership Assistance programs	Vacation days
Flexible hours	Sick days	Life Insurance	Holiday pay	Paid physical / drug screen yearly
		Paid In-service educational training		

#### EXPECTATIONS

- We are looking for the best and brightest looking for a career in Home Care
- Individuals that are committed to becoming the best HHA or PCA
- Individuals that are the right fit for the company
- Must have a negative drug screen

#### HOME HEALTH AIDE (HHA) TRAINING

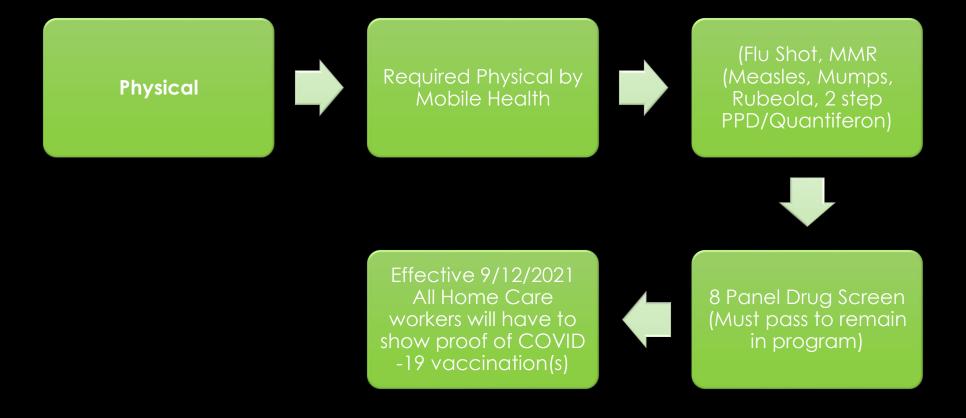
- DOH Curriculum Program
  - 15.5 days classroom time
  - 1 day of post-training orientation
  - 1 day of Supervised Practical Training (SPT) at an Assisted Living Facility (Post Covid-19 in class)
  - White scrubs and white shoes are required on the 1st day of class
  - Full time attendance is required.

- PHI HHA Specialized Training Program
  - 20.5 days classroom time
  - 1 day of post-training orientation
  - 1 day of Supervised Practical Training (SPT) at an Assisted Living Facility (Post Covid-19 in class)
  - First 2 days of class is observation (students may be dismissed)
  - White scrubs and white shoes are required on the 3<sup>rd</sup> day of class
  - Full time attendance is required.

## PERSONAL CARE AIDE (PCA) TRAINING

- PCA Training Program
  - 7.5 days classroom time
  - 1 day of post-training orientation
  - 1 day of Supervised Practical Training (SPT)
  - White scrubs and white shoes are required on the 1st day of class
  - Full time attendance is required.

#### MEDICAL REQUIREMENTS



#### THE PROCESS

#### • 4-step process

- 1<sup>st</sup> step Open House
  - Complete Assessment/Application
  - Pre-training Home Care Exam
  - TABE Exam
- 2<sup>nd</sup> step Interview via Zoom (invitation only)
- 3<sup>rd</sup> step Drug screen
  - (first week of class- must be negative to attend program)
- 4<sup>th</sup> step Attend Class
  - 1<sup>st</sup> two days of class evaluation period for suitability (PHI Program)

#### ASSESSMENT PROGRAM APPLICATION



#### URL WEBSITE ADDRESS:



#### TESTING PROCESS





Complete assessment application

Receive email with a link to the exams

Pre-employment Home Care Exam and Literary Test(must pass first exam with a score equal or greater than 80% to take second exam)

Completion of both exams you will complete and Eligibility Assessment Questionnaire



Notified of interview date.

#### FIRST DAY OF CLASS

#### Required Documents

- The following documents are required on the first day of class:
  - Social Security Card
  - Government or NYS ID
  - Proof of address
- We also require:
  - 3 personal reference letters, not written by family members
  - Signed and dated including contact information

## CERTIFIED HHA W/EXPIRED CERTIFICATE

#### Competency Program

- Assessment Application
- Competency Exam
  - Appointment Skills Assessment

• You must indicate if you were previously trained. Failure to disclose this information will automatically eliminate you from consideration.

#### CDPAP PROGRAM

# DO NOT NEED TO BE HHA OR PCA CERTIFIED YOU ARE TRAINED BY THE PERSON WHO EMPLOYS YOU

Certified HHA'S OR PCA'S must work for a
 LICENSED HOME CARE SERVICES AGENCY

and

- ATTEND 12 OR 6 HOURS OF INSERVICE TRAINING ANNUALLY
  - CERTIFICATE WILL BE INVALID IF YOU DO NOT MEET THESE REQUIREMENTS AFTER 24 MONTHS

#### QUESTIONS TO THINK ABOUT



Are You Ready to Become a Home Health Aide or Personal Care Aide?



Do you have the traits and qualities required to be a professional in the field?



Are you willing and able to perform in the position as expected?



WHY DO YOU WANT TO BECOME A HOME HEALTH AIDE OF PERSONAL CARE AIDE?

# ARE YOU READY?



#### NEXT STEPS

#### Join Open House

**Requires Registration** 

Right click the red link under morning or afternoon session scroll down to HYPERLINK and click OPEN

click SKIP VERIFICATION

Complete Application

Attend Interview

https://zfrmz.com/FnbAlKAFW2d DOTF8lgiZ

#### OPEN HOUSE DATES JANUARY 2024

- Monday 10:00 am 11:00 am
- Zoom Link
- https://us02web.zoom.us/j/8994370323
  7?pwd=NE9YS041R3ZidVIEM0IXYy93W
  W0vQT09
- Monday 2:00 pm 3:00pm
- Zoom Link
- https://us02web.zoom.us/j/85364408011?pw d=Q0crUjkvT2Q5ZFhhd2NaelZ3bnlPUT09

#### OPEN HOUSE DATES 1ST WEEK OF THE MONTH

- Monday 10:00 am 11:00 am
- Zoom Link
- <u>https://us02web.zoom.us/j/82636562706</u>
  <u>?pwd=ODFpZUV1dVFmNDJHV0p0Uzl0</u>
  <u>M1Nudz09</u>

- Monday 2:00 pm 3:00pm
- Zoom Link
- <u>https://us02web.zoom.us/j/85847994816?p</u>
  wd=Qm16eksyRGNGR05FeXVCM0dxU3V
  <u>EZz09</u>

#### OPEN HOUSE DATES 2ND WEEK OF THE MONTH

Monday 10:00 am -11:00 am

Monday 2:00 pm -3:00 pm

Zoom Link

Zoom Link

https://us02web.zoom.us/j/89943703237?pw d=NE9YS041R3ZidVIEM0IXYy93WW0vQT09

https://us02web.zoom.us/j/85364408011?pw d=Q0crUjkvT2Q5ZFhhd2NaelZ3bnlPUT09

# THANKS FOR WATCHING

Additional Questions: Email us at ivillanueva@scsny.org